



Ronald McDonald
House Charities®
Greater Cincinnati



Pull Tabs

The little tab you pull to open your soda, soup or any other aluminum can makes a significant impact on Ronald McDonald House Cincinnati. Our House recycles the tabs and raises more than \$20,000 yearly to help us care for our guest families. Thanks in part to all those tabs, families with limited resources are able to stay at our House for little or no cost.

It's easy to get started!

This is an easy and fun project for schools, clubs, offices or other groups, as well as individuals and families. Save your tabs in any container you can find. Some examples might be cleaned milk jugs, coffee or Pringles cans, Ziploc bags, boxes or plastic containers. Use your artistic talents to decorate your containers any way you like. You can pick up tab stickers (free) or small tab "houses" (25¢) from the House, or you can download a wrap from our website. Make it fun, and be sure to place your container in a visible location.

Tabs can be dropped off at our House any day between 9 a.m. and 9 p.m. *Please schedule in advance if you would like a tour.* Can't make it to our House for a drop off? Stop by participating Cohen recycling locations (www.cohenusa.com) to make your donation, and a check will be mailed directly to the House. Don't forget to complete a RMH donation form at the recycler so that we can credit your account. (We do not recommend mailing the tabs themselves, as the postage costs would outweigh the benefits.)



Calling all Schools!

Visit our website at <http://www.rmhcincinnati.org/help/donate/pull-tabs> for more information on our **Tab Collection Contest for Schools!** Each school year, the top collecting elementary, middle, high and K-8 schools will win a trophy and visit from Ronald McDonald himself! You'll find everything you need to get started including the Registration and Donation form, a sample letter and press release, ideas for classroom activities, downloadable posters, container wraps, fun crafts and puzzles.

Thanks for your support and happy collecting. ☺

Lisa Davis

Volunteer and Operations Coordinator

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